

Community Well-being

Getting healthy to work

Our Vision



- Healthy Communities – Well-being replacing dis-ease
- Where all who want to work are in work
- Where people feel connected rather than isolated
- Potential realised not wasted

Engaging people by listening



Story, hopes, barriers



Trust
Welcoming – as long as
it takes



Person First

- Supporting them to reflect on their current life situation
- Helping them find out “what is it that you REALLY want to do?”
- What is it REALLY going to take to get you there?
- What are the roadblocks
- How do we remove or get around them?

Holistic Assessment



Holistic Assessment Social Support



- Quiet recreation (hobbies)
- Active recreation (sports, travel, outings)
- Social contacts (staying in touch with friends, parties, visiting)
- Maintaining key relationships (family, key friends)

Holistic Assessment Self Care



- Looking after your health (hygiene, smoking, drinking)
- Exercise
- Nutrition
- Ability to get about
- Transportation (shopping, social, work)
- Housing
- Finances

Holistic Assessment Ability to Work



- Getting healthy to work
- Ability to find employment
- Maintaining employment (doing the job – based on past employment experiences)
- Training/Education

Personal Plan

- Identifies most important issues that require working on
- Identifies “Ultimate Goal” (i.e. ideal job or career, or “get out of the house” or “get through depression”)
- Identifies Essential Stepping Stones
- Identifies obstacles that need to be removed (or got around)
- Identifies any external support required (e.g. Counselling, Physiotherapy, Psychotherapy etc.)

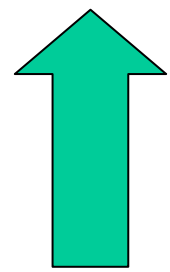
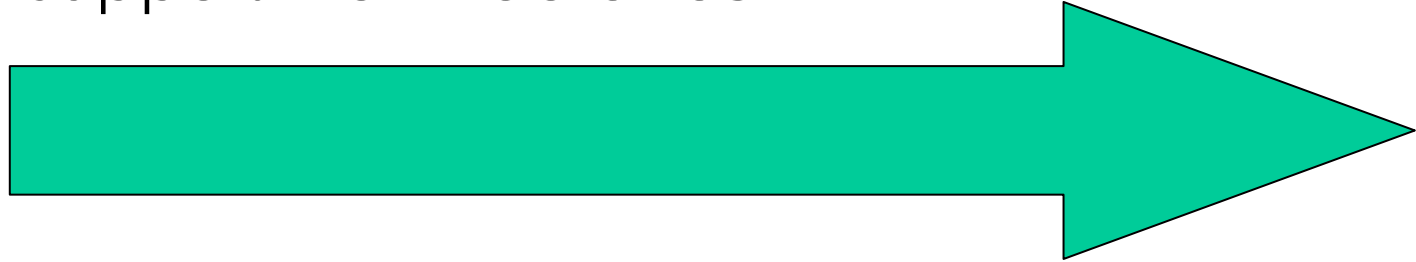
Interventions to get healthy to work



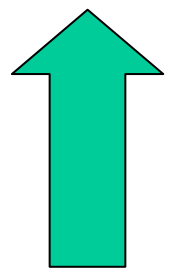


Effective Partnerships

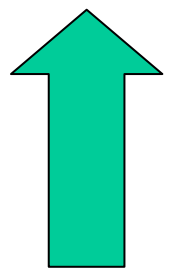
Support from Core Team



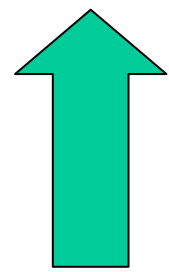
Health



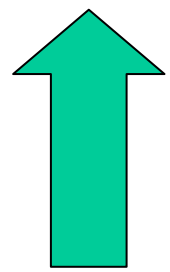
**Money
Advice**



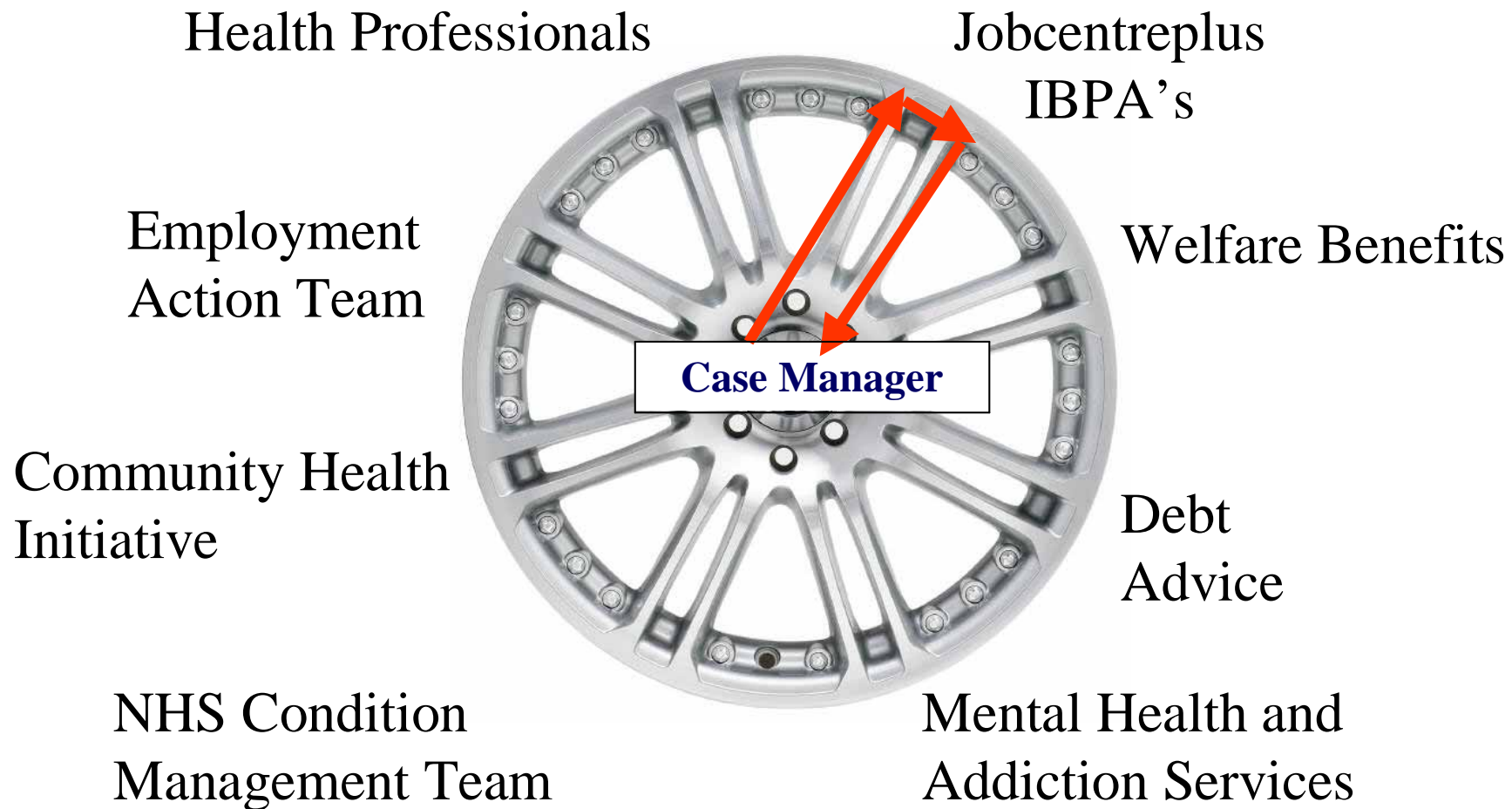
Jobcentre



Careers



**Community
Learning**



Partners work as part of the team



Foxbar Project Results



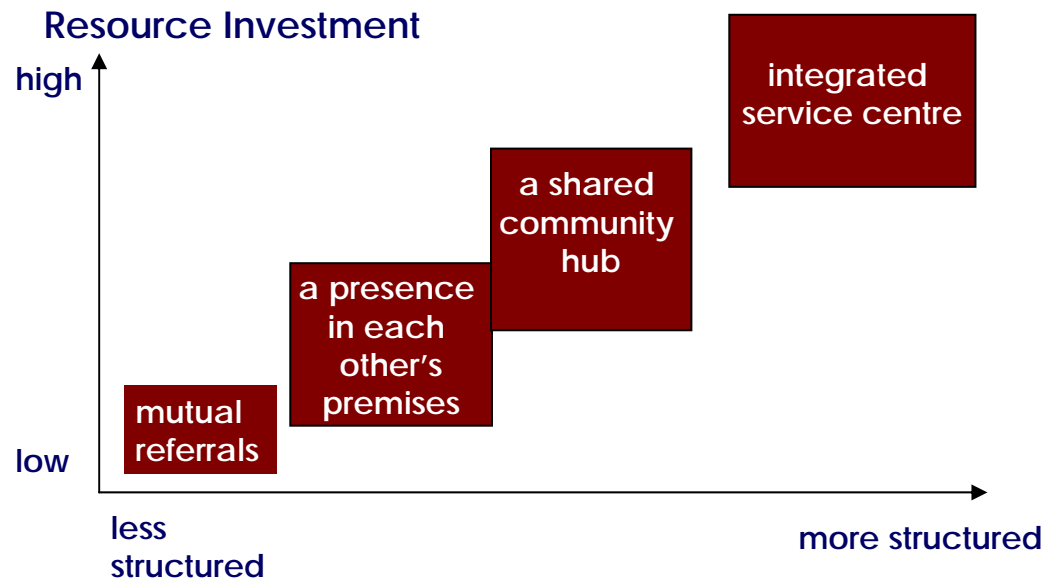
- ✓ Foxbar area of 2000 households in Paisley
- ✓ 2000 contacts since Sep 2003
- ✓ 400 engaged in some form of activity
- ✓ **270 into work (June 2007)**
- ✓ 60 into education/training
- ✓ 80% non JSA (IB , other benefits)
- ✓ 84% still in work after year 1
- ✓ **6% increase in employment for area**
- ✓ **£1.5 million per year into local economy**

Common Ground Employability and NHS



- 30% of GP time – mild/moderate depression, sleeplessness, anxiety
- Tackling causes of ill-health – poverty
- Move towards preventative medicine
- Engaging “hard to reach people”

Levels of Service Integration



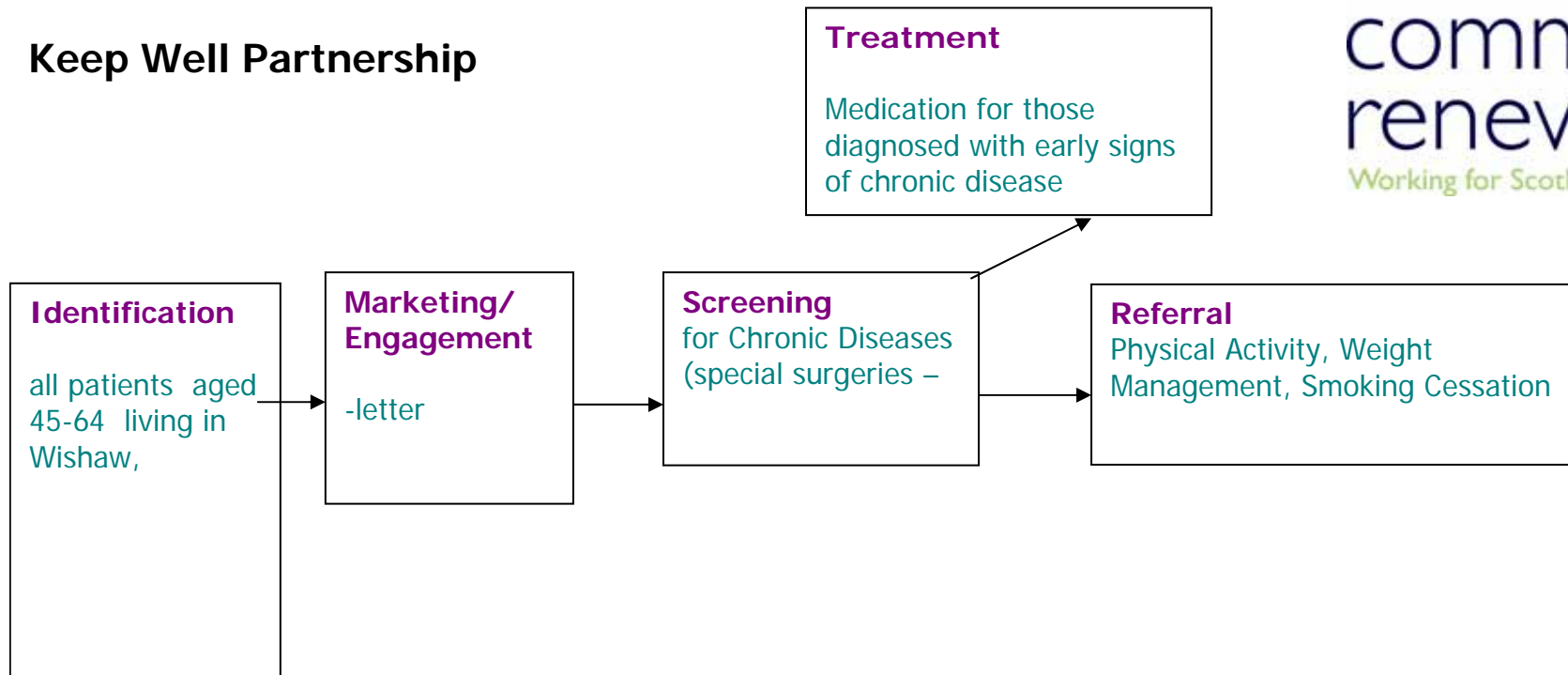
Keep Well Partnership



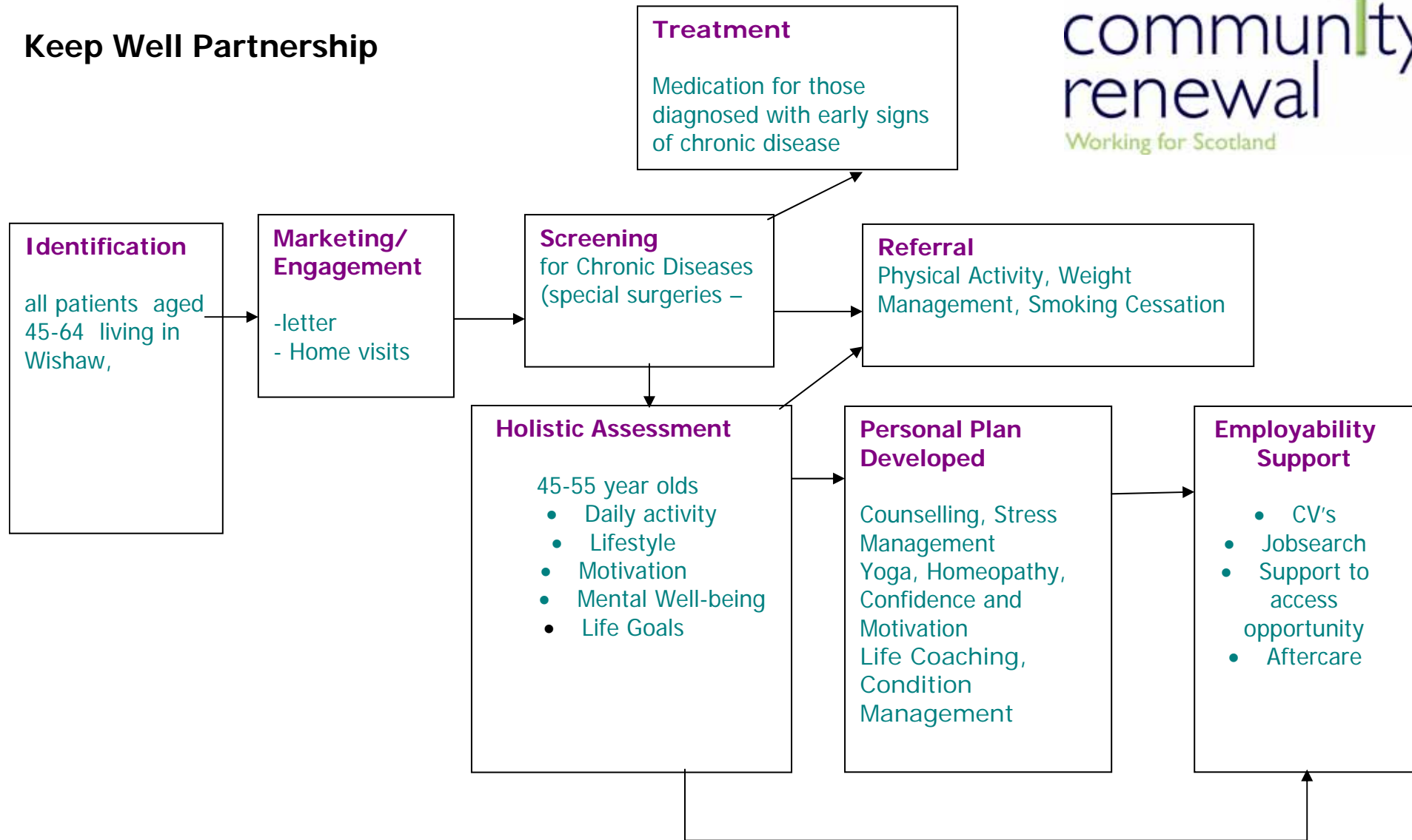
Add value by:

- Looking for **Genuine Mutual Benefit**
- Adding holistic assessment
- Identify people who want a lifestyle change
- Support people who want to become economically active
- Use outreach techniques to reach and engage people with low confidence, mental health or literacy issues

Keep Well Partnership



Keep Well Partnership



Case Examples

